



CASTEL  
FROMA  
NEURO CARE

## Make a Difference or Make a Lasting Impression

Leave a gift to Castel Froma Neuro Care in your Will

Every penny donated can enhance the quality of life of our residents, young and old



## 100% of every £1 donated will be used directly to help our residents to live as full a life as possible

All of our residents are wheelchair users and we have a firm focus on rehabilitation and re-enablement to help them either re-learn basic skills or maintain existing levels of mobility.

In order to do this, we employ an on-site therapy team, including physiotherapists and occupational therapists. Our specialist hydrotherapy pool helps to improve circulation, relaxation, digestion and the immune system.

All of our residents have neurological conditions, either as the result of a traumatic brain injury or illness affecting the brain. This may be as simple as from a fall down the stairs or a road traffic accident, an event which could happen to any one of us.

A legacy of any size  
can help.

For example...

£25

Pays for  
one session of physiotherapy

£100

Pays for  
one session of hydrotherapy

£50

Pays for  
one outing into the community

£950

Could pay for the services of a  
physiotherapist for one week

A gift in your Will may be the most important legacy you leave. This will help us ensure that we have long term funding to continue to provide therapy for people with disabilities due to neurological conditions.



If you have any questions  
please contact Alison Stiles on  
01926 425 678 or via  
[alison.stiles@castelfroma.org.uk](mailto:alison.stiles@castelfroma.org.uk)



## Over 140 years of caring for people with disabilities

Legacies are vital to help us continue this work and give us confidence that we will have sufficient funds to provide ongoing therapies for existing and future residents.

## Why should I make a Will?

To ensure that your money benefits the people or the causes that you want it to benefit.

## How do I make a gift in my Will?

We recommend that you use a solicitor to draw up a Will professionally.

## If I have already made a Will, can I change it?

Yes it is possible to change your Will. It is also a good idea to review your Will approximately every 5 years as often circumstances change over time.

Make a gift in your Will by contacting Alison Stiles on 01926 425 678 or email [alison.stiles@castelfroma.org.uk](mailto:alison.stiles@castelfroma.org.uk). Alternatively, call the main office on 01926 427 216.



# Find out how Castel Froma Neuro Care has helped enhance Laura's life

Prior to her discharge, Laura had given permission for the use of her photos and her story. Her name has been changed at her request.

Laura is a 28 year old female admitted to Lillington House in August 2016. She had been involved in a road traffic accident on 6th December 2015, in which a high speed car hit Laura.

She sustained multiple injuries, including right subdural haematoma, left frontal intracerebral haematoma, right occipital fracture, right mastoid fracture, fractured base of skull, right 1st rib fracture and fractured right tibia and fibula.

When Laura was admitted to Castel Froma Neuro Care, she was deemed to be in a vegetative state following a SMART assessment. Laura was nil by mouth, required regular mouth care and Yankeur suctioning every 2- 4 hours.

She was PEG fed. During oral trials at Moseley Hall Laura had previously aspirated and was admitted back to The Queen Elizabeth Hospital with aspiration pneumonia.

Laura was doubly incontinent and was managed with pads. She was communicating using her eyes but very inconsistently.

She had increase spasticity in the right and left upper limb requiring splints to maintain joint range as well as having botulinum injections. She also required ankle and foot orthotics for both right and left lower limb and as a specially made soft cast to maintain her hamstring length.

The expectations and wishes of Laura's family were that "one day we hope to take Laura home."



Laura transferred with a hoist and required an adapted wheelchair.

She had limited sitting balance and only slight head movements. She had no voluntary movements in any of her limbs.

Laura underwent intensive therapy at Castel Froma Neuro Care, where physio's worked with Laura to manage secretions and monitor her for chest infections. Speech and Language therapists focused on communication and swallowing. Laura progressed from using eye movements for her communication, and started to use single words.

She continued to improve and was starting to take a pureed diet. She eventually progressed so well that she had her PEG removed

and was able to manage a normal diet. She worked alongside OTs to relearn activities of daily living.

Physiotherapy sessions continued to see successful results - Laura was able to sit independently and roll in bed. She started to complete weight bearing activities and was then able to use a standing aid to transfer from bed to wheelchair.

Laura's improvement meant that the physios required additional support for them NHS services and through excellent communication Laura received further support with orthotics.



This then enabled the physiotherapists at Castel Froma Neuro Care to progress Laura's physio so that she was able to step with support and a gutter frame. She received hydrotherapy in which the therapists were able to challenge Laura further using the principles of water.

In October 2017 Laura was discharged home following a successful cranioplasty at The Queen Elizabeth Hospital.

**The therapy she received at Castel Froma Neuro Care meant that Laura was going home walking with crutches (during therapy she was progressing to no aids).**

She was eating a normal diet and was able to converse with everybody.

She was able to go to the toilet independently and was less reliant on others for her care.

Laura's family received their wish to have her back at home.

Laura will hopefully continue to develop and progress her level of independence.

The support of the whole MDT at CF enabled Laura to achieve and exceed her goals and others expectations.

**Laura will now be at home and hopefully looking for vocational rehabilitation.**

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